

Outreach Liaisons

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Delta

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Afsaneh.Mohammadpour@gov.bc.ca



Emergency and Crisis Numbers

Mental Health Information Line

www.here-to-help.bc.ca/
(no area code needed) 24/7
310-6789

Suicide Line

1-800-Suicide (784-2433)

Online Crisis Chat www.YouthinBC.com

1-866-661-3311

Native Youth Crisis Line

1-877-209-1266

KUU-US

Province-wide crisis line that specializes in First Nation issues 24/7
1-800-588-8717

Aboriginal Hope for Wellness Line

1-855-242-3310



ICYMH

200-10095 Whalley Boulevard
Surrey, BC. V3T 4 G 1

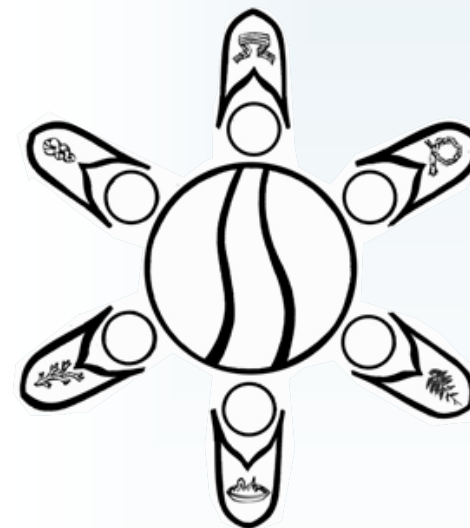
Phone: 604-586-4214

Fax: 604-568-4229

Website: <http://icymh.wordpress.com>

Indigenous Child & Youth Mental Health Services

Ministry of Children and Family Development





What is Indigenous Child and Youth Mental Health?

This program works with children and youth from 0-18 years old who identify as Aboriginal, Metis, Inuit, status and non-status.

The Indigenous Child and Youth Mental Health (ICYMH) program ensures mental health services are respectful of traditional teachings and accessible to the Aboriginal community.

ICYMH strives for a balanced, holistic view of health, taking into account the spiritual, physical, mental and the emotional.

What types of services does the Indigenous Child and Youth Mental Health team provide?

Community Education

The team delivers workshops and groups on mental health awareness, prevention and wellness.

Help with getting help

The team can support access to community services that are respectful of culture.

Mental Health Counselling Services

Most circles will have dedicated clinicians who will see clients in office or out in the community.

Circle of Courage



Dr. Martin Brokenleg

A Glance at Our Programs

Fall

- Intermittent day programming
- Creative Writing
- Circle of Security (parent group)

Winter

- Intermittent day programming

Spring

- Drop-it-Like-its-Art (drop in art group)
- Art Gallery
- 4 Directions (land-based cultural group)
- Spring Break program

Summer

- 1st Generation Outdoor
- STAR (summer art and recreation)
- SAF (summer at the farm group)

For more details contact your local liaison



"Every child is different. Every child has a gift."